

# Crusader Playground



The **Dartmouth Crusaders Swim Club** in partnership with the **Dartmouth Sportsplex** is launching the 2011-2012 season of after school swimming program for elementary school age children. The focus of the '**Crusader Playground**' is to establish competence in 5 core swimming skills through play. These core skills are the basic needs for building future swimming ability regardless of the area of interest – swim lessons, swim club, or any aquatic activity.

One lesson per week for 10 weeks you will be able to join in fun filled swim sessions that will help you become a better swimmer whether from comfort level in the water or to full motion swimming. To participate you need only be able to fully submerge your head under water and blow bubbles!

**Location: Dartmouth Sportsplex**

**Time: 3:30pm – 4:15m pool + 15 minute wrap**

**Dates: Tuesday January 10<sup>th</sup> to Tuesday March 13<sup>th</sup>, 2012  
Wednesday January 11<sup>th</sup> to Wednesday March 14<sup>th</sup>, 2012**

**Fee: \$75.00**

**Registration:** Register at the Dartmouth Sportsplex during regular hours of operation. There is a maximum of 16 participants.

**(keep this portion for your records) Contact info. - [dartcrusaders@eastlink.ca](mailto:dartcrusaders@eastlink.ca) 469-8610**

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**(Give this portion to Dartmouth Sportsplex at time of registration – maximum 16 participants)**

## Crusader Playground

**Time: 3:30pm – 4:15m pool + 15 minute wrap**

**Dates: (circle one)**

**Tuesday January 10<sup>th</sup> to Tuesday March 13<sup>th</sup>, 2012**

**or**

**Wednesday January 11<sup>th</sup> to Wednesday March 14<sup>th</sup>, 2012**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**Current Swim Level:** (must be able to fully submerge head and blow bubbles)

Lessons – No None, but can fully submerge head and blow bubbles

Yes – Where \_\_\_\_\_

Level \_\_\_\_\_

Parent/Guardian – Name: \_\_\_\_\_

Phone: \_\_\_\_\_